



## The Health Detective

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Case 1

**Name:** Jenny

**Age:** 16 years old

**Health report:** She is too thin. She feels tired easily. She loves green food only. She lacks protein.

**Eating habits:**



Give **short** answers for Questions 1-3.

1) Why does Jenny feel tired easily?

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2) What food should Jenny eat more?

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3) What else should Jenny do to be healthier?

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## The Health Detective

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### Case 2

**Name:** Mr. Bean

**Age:** 44 years old

**Health report:** His energy level is very low. He has got bad teeth. He has diabetes.

**Eating habits:**



Give **short** answers for Questions 1-3.

1) What kind of food causes Mr. Bean's health problems?

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2) What would be a healthy snack for Mr. Bean?

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3) What else should Mr. Bean do to be healthier?

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## The Health Detective

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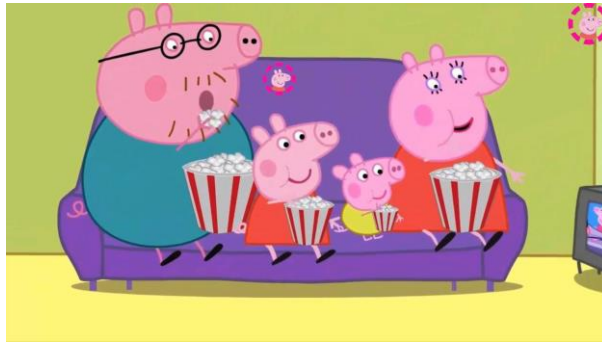
### Case 3

**Name:** Peppa

**Age:** 10 years old

**Health report:** She is overweight. Her teeth have some black marks.

**Eating habits:**



Give **short** answers for Questions 1-3.

1) What kind of food does Peppa eat too much?

\_\_\_\_\_

2) What food should Peppa eat more?

\_\_\_\_\_

3) What else should Peppa do to be healthier?

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